



**LONGFIELD**  
Community Hospice

## Bereavement Support

### Ripples of Grief Group

Grief creates a ripple effect. A single loss impacts many areas of life. The emotional, social, and practical adjustments that are experienced after a primary loss can challenge our resilience and leave us feeling isolated.

Join us for a one-time, small group discussion. We offer a safe space to explore and discuss these feelings.

**July 9th**

**10.00am – 12.45pm**

**Longfield Wellbeing Centre,  
Minchinhampton**

To book or for more information email  
**[bereavement.services@longfield.org.uk](mailto:bereavement.services@longfield.org.uk)**  
or call **01453 733706**.  
[longfield.org.uk](http://longfield.org.uk)

Longfield Community Hospice  
Minchinhampton, GL5 2PQ  
Registered Charity No. 298627

