



What's on in APRIL?

The Keepers is a community hub supporting the residents of Wotton and surrounding areas. It is here for everyone. Either come along to one of the organised groups below, or just pop in for a chat and a cuppa - whenever we are open. Come as you are, bring what you can and take what you need.

Monday

Parent Support Group - a support group by parents for parents. 9:15am - 10:45am

Citizens Advice - to book an appointment for 3rd April, call 0808 800510/511. You can also just pop in. 10am - 2pm

Age UK Gloucestershire - a social group for those who are 50+. Just come along, no need to book. 11am - 12:30pm

Age UK Gloucestershire Help Team - drop in and ask questions about any aspect of later life. No booking needed. 3rd April. 11am - 12:30pm

Job Club - help with CVs and employment support. Drop in, no booking required. Job Club will move to Wednesday mornings from 19th April. 12:30pm - 2:30pm

Chair yoga - join in with some gentle, supportive yoga. Open to all. No booking is needed. Pay As You Feel. 3rd and 17th April. 1:30pm - 2:30pm

After School Drop in - reading, games and toast available. Children to come with an accompanying adult. 3pm - 4pm

Tuesday

The Keepers' Garden - the garden is open. Come along to plant, dig, weed, sit or just chat with our gardener. Refreshments provided. 10am - 12pm

The Carers' Café - run by Frailty nurses from Culverhay and Chipping surgeries. Coffee, chat and advice if needed. Just drop in. Carers can come by themselves or bring the person they care for. Held fortnightly. 10:30am - 12:30pm

Sing 2 Remember - sing together, share memories and make friends. Come and join this supported, dementia-friendly singing session. Just turn up, on the 4th and 18th April. 11am - 12pm

Tuesday Lunches - come and join us for a hot meal, open to all and PAYF. Spaces are limited, so to book a space please call 07585 466418 or pop in. 12:30pm - 1:30pm

The Keepers' minibus service is also running on Tuesdays to provide transport from your home to the hot lunches. Places are limited so to book please see details above.

Red Cross First Aid Training - for anyone aged 12-19. To book a space, please call 07585 466418, email, message or pop in. 18th April. 3:15pm - 4:15pm

Wednesday

Drop In Café - all welcome on a Pay As You Feel basis. 10am - 12pm

Craft and Chat with tea and cake - held fortnightly on 12th and 26th April. 10am - 12pm

P3 Drop In - help with a range of issues e.g. housing, debt and benefit support. No booking needed. 10am - 12pm

Health Visitor Drop In - available to weigh babies and answer any questions. 5th April. 10am - 12pm

Men's Shed Drop In - pop in to find out about what they do and their projects. 12th April. 10am - 12pm

Frailty Nurse Drop In - come for advice or information. 19th April. 10am - 12pm

Stroud District Council Housing Officer Drop in - pop in and talk to Rachel. 10:30am - 11:30am

Wotton Area Neurodivergent Support group (WANDS) - a group run by, and for, ND adults and parents/carers of ND children including Autism, ADHD, PDA, Dyslexia etc. The next meeting is on 26th April. 7pm - 9pm

Talk Club - a new talking and listening club for men to help keep mentally fit. Just drop in - no need to book. Meetings will take place on 5th and 19th April. 7pm - 9pm

Thursday

Cookery Course - Introduction to Spices (Adult Education). 5 weeks. For more information, call us on 07585 466418 or pop in. Starting 6th April. 9:30am - 11:30am

Wotton Area Breast Support Group - anyone touched by breast cancer is invited to drop in and meet others who know just how it feels. The next meeting is on 20th April. 10am - 11am

Clean Slate Drop In - enabling people to improve their financial wellbeing. Pop in to have a chat with Milly on 13th or 27th April. 10am - 12pm

Art Shape - a 6 week creative arts course starting on 13th April. Places are limited. To book a space, call us on 07585 466418 or pop in. 9:30am - 11:30am

Gloucestershire Deaf Association Hearing Aid Clinic - 6th April. To book an appointment, call 01452 372999. 10am - 12pm

Independence Trust and NHS social prescribers' Drop In. 11am - 1pm

Qigong - meditation, breathing and gentle movement. No booking is needed. Pay As You Feel. 12pm - 1pm

Welcome Space - run by the Independence Trust and CALMHS - a space to talk and be listened to. Call 01453 767999 to book. 1:30pm - 3:30pm

Friday

The Keepers' Garden - the garden is open. Come along to plant, dig, weed, sit or just chat with our gardener. Refreshments provided. 10am - 12pm

Rhyme with Me - a free session of songs, rhythm, rhymes and fun for 0 - 5 year olds and their accompanying adult. 10:15am - 11am. Term time only.

Cakes and Ladders and drop in cafe - chat, have refreshments and board games are optional. All welcome. 11:30am - 12:30pm

OPENING TIMES

Monday, Tuesday and Thursday:
9.00am - 4.00pm

Wednesday and Friday:
9.00am - 1.00pm

CLOSED ON BANK HOLIDAYS

Call us or pop in:
07585 466418

We have meals in our community freezer - available to anyone, for any reason, on a 'Pay As You Feel' basis.

It's important to us that everyone is included, the Hub is accessible to all and we work in collaboration with other local organisations.